

INTIMATE EARTH®

love naturally

*the adventure of
anal sex*

PURE VEGAN - PARABEN FREE - GLUTEN FREE





INTIMATE EARTH
love naturally

soothe
ANAL ANTIBACTERIAL
GLIDE

GUAVA BARK
EXTRACT

120ml e | 4oz.

INTIMATE EARTH
love naturally

daring
ANAL RELAXING SERUM FOR HIM

30ml e | 1oz.

INTIMATE EARTH
love naturally

adventure
ANAL RELAXING SERUM

30ml e | 1oz.

Have you ever had thoughts about doing something outside of your comfort zone? Maybe your curiosity has sparked to discover another form of pleasure that you didn't think was possible. Everyone has their own special preferences with what feels satisfying, and anal sex may very well be one of them. Let's be honest. Most of us have minds that eventually wander into the "unknown". If you are open to exploring your curiosities with anal sex, this is probably the guide for you.

NO LONGER A TABOO



In this day and age, women have become more expressive with their sexuality in a way that would have been shunned upon in past decades. Anal sex is one such topic that has increasingly become the norm in sexual dialogue. You might even be quite shocked at the percentage of women who have engaged in anal play or sex. In 2010, The Journal of Sexual Medicine discovered that 40 percent of women aged 20-24 had anal sex. Quite a big number since women are often perceived to be turned off by the concept of anal sex. The common misperception when it comes to anal sex is that men want it and women don't.

MORE COUPLES ARE INTERESTED

Many couples fear that their nights of long, passionate sex will become routine so they resort to reading the classic Kama Sutra, using sex toys, and even watching hardcore porn to spice up their sex life. Ironically, one of the most searched and popular porn categories is anal sex. Those who are more adventurous in the bedroom should look into having some “back door loving” because it’s so easy to neglect a region that can be so stimulating for each person involved.

HOW TO SUGGEST IT TO YOUR PARTNER

Communication plays a major role when it comes to anal sex. It is always important to discuss it with your partner before attempting it. Don’t hesitate to express any concerns or expectations. Both of you should be on the same page about everything from the mechanics, techniques, and anything else that may occur. The best approach to suggesting anal sex is to just be straightforward with your partner about it while being respectful of their decisions.

MORE THAN A FEELING

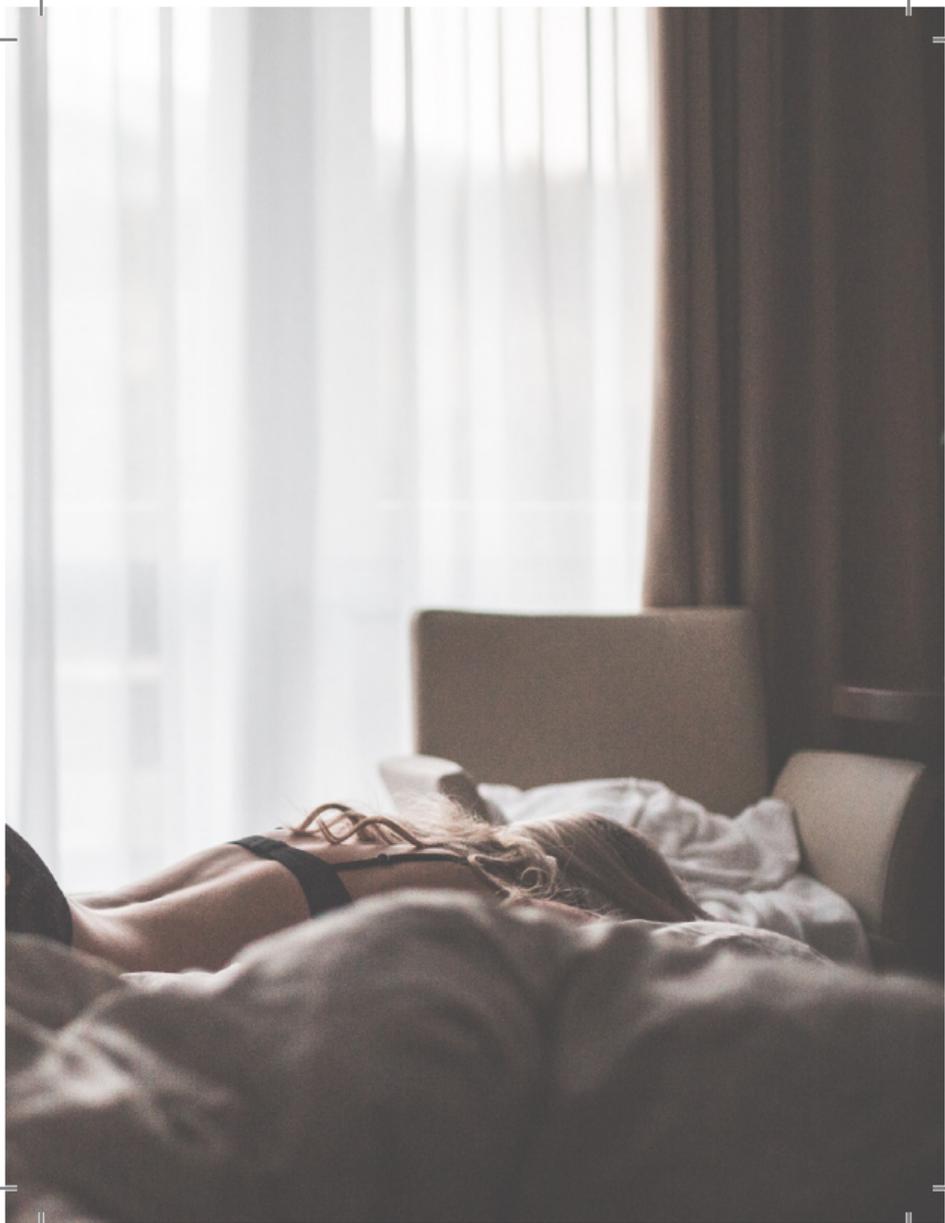
Anal sex is an experience like no other. Some women have stated that they've achieved their ultimate orgasm through anal sex as opposed to usual vaginal intercourse. Everyone's bodies respond differently to different feelings, and it's up to you to decide what feels right for you physically and emotionally.

KNOW YOURSELF

Do you know what makes you feel good? Perhaps you want to start with getting used to the feeling of having something in your anal canal before having full-blown anal sex. Start by having your finger or your partner's finger inserted into the rectum. Using a small sex toy can also help. Anal glide is highly recommended. Once you feel comfortable with those steps, soon you'll find yourself wanting more and before you know it, your initial hang ups about anal sex will be in the past.

It's only natural for first-timers to feel intimidated by the idea. If you and your partner decide that this is something you both want to do, then great! A mutual level of trust must be established before the act to avoid anything from going wrong. Like anybody's first time with sexual





intercourse, you might experience discomfort, but you want to make sure that each partner is comfortable and can say stop if need be. This is supposed to be a pleasurable experience for not only you, but also your partner. When you're both feeling good, the experience turns out to be very rewarding. Just remember to relax. Relaxing the sphincter is crucial when preparing for anal sex. One great way to relax is to have an orgasm first.

Do you want to eliminate the sandpaper friction? Well, lubrication is a must. When using condoms or silicone toys, make sure the glide is water-based because latex and silicone materials deteriorate with oil or silicone based glide. Intimate Earth products have the natural solution for this application. Our Adventure and Daring Benzocaine-Free Anal Relaxing Serums will make this experience a pleasurable one. Unlike other unsafe products on the market, our herbal serums cause no anesthetic effects. When using our relaxing serums, the anal sphincter becomes relaxed and therefore penetration becomes more comfortable. These serums contain no Benzocaine, which are numbing agents that prevent pain from occurring but lead to tear and damage to the sphincter. Intimate Earth utilizes natural clove oil that relaxes the area for safe and comfortable penetration. Adventure and Daring work quickly, are easy to apply,

and are latex condom-friendly.

If you're really concerned about cleanliness, then you'll want to try our Soothe Astringent Anal Glide. Soothe is an ultra-thick water based anal glide that contains natural Guava Bark. Guava Bark has been used for centuries in the Amazon for bathing wounds and douching. This glide provides maximum lubrication for comfort and enjoyment for both partners. It's paraben free, latex condom-friendly, and safe to ingest.

Alternatively, our newest anal glide Ease Anal Silicone Relaxing is another great glide containing all natural Bisabolol which prevents chaffing and helps relax the sphincter without losing sensation.

DON'T RUSH

There's no need to rush. Anal sex requires a lot of patience and trust between you and your partner, especially if you're trying to reach an orgasm. Have some foreplay, or a lot of it. Being greatly aroused makes for an easier transition into anal sex. It's best to go slow and not tense up any muscles. Pay attention to not only your partner's body, but their emotions as well. Take it one step at a time until both of you get comfortable with the new feeling.

AFTER ANAL SEX

So you have made it this far into anal sex discovery, and you're thinking about what happens next. If you and your partner plan on shifting to vaginal sex, then it would be wise to switch condoms. Doing this will reduce chances of contracting STDS and any bacteria that can cause infections. When cleansing, simply shower to wash away any residue left in or around the area. If you used any toys, be sure to use a toy cleaner. Intimate Earth's Green Tea Tree Foaming Toy Cleaner is infused with the natural cleaning ingredients of tea tree oil, lavender oil, and our signature natural astringent ingredient guava bark. This unique formula makes it as gentle as possible on every type of toy material and human skin. It allows for easy clean-up for both water-based and silicone glides. It is Triclosan and alcohol free, and safe to use on any kind of toy.

Now that you've read this guide, you are ready to encounter yet another intense type of orgasm and new sexual experience. This is something that both you and your partner should want to do, and not because you both feel like you should. Remember to have fun, and love naturally.

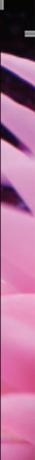


INTIMATE EARTH
love naturally

green
FOAMING
TOY CLEANER

TEA TREE
OIL

candle & you



Indulge your senses...

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